

And it's fun!

Ajax has:

- 4 outdoor skating rinks (weather dependent),
- 2 indoor arenas, and
- 5 community centres to warm you up.

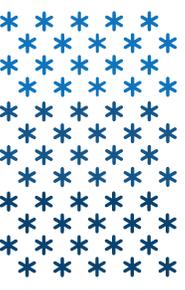
If you are 65 years old or older, you may be eligible for the **Town of Ajax Senior Snow Removal Program**. Call 905-683-2951 to learn more.



Most trails are **open year-round**, cleared after snowfalls.



Sidewalks are to be maintained within a 24-hour period after a snowfall. Property owners are responsible for clearing sidewalks adjacent to their property.



It's safe.

It's warmer than you think.

In a typical winter in Ajax, we experience:

- Less than **16** days below -5°C
- Less than **4** days below -10°C
- Less than **1** day below -15°C



What is #GetAjaxMoving?

#GetAjaxMoving is an exciting new transportation awareness initiative, giving you the tools you need to get around Ajax easier, faster and smarter. This toolkit series is designed to help you make the switch to walking, cycling, transit, carpooling and telecommuting.

By 2031, the Town of Ajax wants 30% of all trips to be made by:



We go to different places all year round. We can make those trips more sustainable by walking, cycling or taking transit, even in the winter.

Embrace the season.

Commuting in the winter can be fun and enjoyable if we are equipped and prepared!

Questions?

For live updates on transit service changes or delays, visit or follow:

GO Transit: gotransit.com / @GOtransit
 GO Transit Lakeshore East Line: @GOtransitLE
 Durham Region Transit: durhamregiontransit.com / @Durham_Transit

Follow Town of Ajax on Twitter (@townofajax) for live updates during snow events.

Access more resources related to walking, biking, taking transit, carpooling, and working from home at ajax.ca/getajaxmoving.

For more information about #GetAjaxMoving:

Email: GetAjaxMoving@ajax.ca
 Phone: 905-619-2529, ext. 3238
 Facebook: facebook.com/myajax
 Twitter: @TownOfAjax

#GetAjaxMoving



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Winter Toolkit

#GetAjaxMoving

Winter Cycling

Essential Clothing & Gear

Remember to dress in layers.



Wind-resistant/waterproof jacket with reflective markings



Scarf



Warm gloves



Water-resistant pants



Athletic wool socks



Boots or shoe covers



Bike Helmet



Face mask or Balaclava (for very cold or windy days)



Ski goggles (for blowing snow)



Bike lights front and back



Reflectors



Bike fenders front and back

Wind Chill Index

At all temperatures:

Listen to the weather forecast. Check the weather forecast before going outside. Weather conditions can change quickly.

Plan ahead. Plan your travel route and check transit schedules before you leave.

Keep active. Walking, running, and biking are the best ways to keep you warm outside in the winter.

Be aware. Watch for signs of frostbite and hypothermia. Some, such as children and seniors, are more susceptible to the cold.

Temperature with wind chill:

0 to -9

Low Risk:

Dress warmly. Stay dry.

-10 to -27

Moderate Risk:

Dress in layers of warm clothing with a wind-resistant outer layer. Wear a hat, mittens or insulated gloves, a scarf and insulated waterproof footwear.

Stay dry and keep active.

-28 and below

High to Severe Risk:

Dress in layers of warm clothing with a wind-resistant outer layer. Wear a hat, mittens or insulated gloves, a scarf, a neck tube or face mask and insulated waterproof footwear.

Cover all exposed skin. Stay dry and keep active. Stay indoors and avoid any unnecessary outdoor activities.

Winter Transportation

Walking & Transit Tips



Stay active and healthy

Studies show that staying active in winter reduces your risk of getting a cold. So walk to be healthy!



Dress warmly

Wear the right layers. 20-60% of heat is lost through an uncovered head so wear a hat.



Wear the right footwear

Wear warm, water-resistant boots. You may want to try ice grips on your boots.



Be safe while waiting

Wear visible clothing and wait on the curb. Step carefully and use handrails when stepping on the bus.



Move your feet slightly apart as you walk

This will give you better support and balance. If the street is really slippery, or you're walking on a slope, bend your knees a bit.



Be careful on the platform

Platforms can become slippery in the winter. Walk slowly and don't stand on the edge of the platform.